



northstar

PRESCHOOLS



Parent Pack

northstarpreschools.com/cedar

 (435) 850-4022

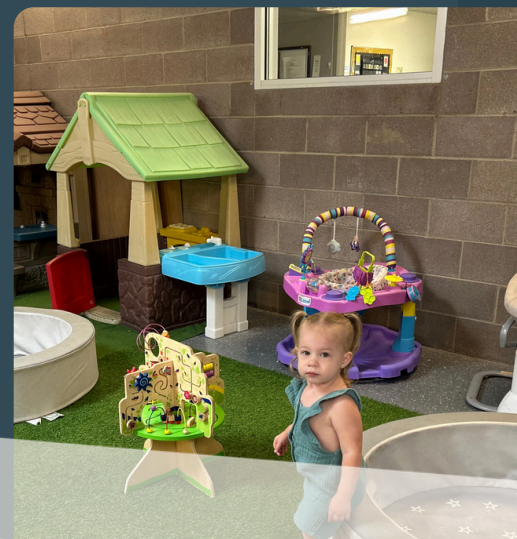
Welcome

At Northstar Preschool at Cedar, we understand that choosing the right early learning environment for your child is a big decision. This Parent Pack is designed to help guide you through that process and provide a deeper look into what makes our school truly special.

We are a purpose-driven preschool, focused on nurturing the whole child through a warm, calm, and intentional learning environment. Whether you're enrolling an infant, preschooler, or school-age child, we're here to support your family every step of the way.

At Northstar Preschool, we offer:

- A calm and thoughtfully designed environment focused on exploration and emotional growth;
- A curriculum built around inquiry, discovery, and hands-on learning;
- Experienced, compassionate educators supported through professional development;
- A whole-child philosophy that values social-emotional learning as much as academics;
- Convenient hours: Monday to Friday, 5:30 AM – 6:30 PM.



About Us

Northstar was born out of a deep personal mission to build meaningful, emotionally grounded early education programs.

Northstar at Cedar City is a bright, welcoming space where imagination and connection thrive. A newly renovated space and Nature Explorer outdoor playground leaves plenty of space for children to grow and invite daily discovery and adventure.

Our indoor and outdoor playground offer ample opportunity for gross motor work regardless of weather in addition to the curriculum done in classrooms.



Our Mission & Core Values

At Northstar, we exist to empower every child to reach their full potential while helping shape a brighter future for our communities. We do this by designing a learning environment that honors each child's development and fosters lifelong curiosity. We are guided by five core values:



Pursue Excellence

We strive for the highest standards in early education.



Lead by Serving

We believe in leadership grounded in humility, collaboration, and respect.



Promote Growth

We encourage both personal and professional development in children and educators alike.



Nurture Positivity

We foster joy, compassion, and encouragement in every interaction.



Take Ownership

We hold ourselves accountable and push through challenges with purpose.



Facilities

We believe children deserve environments that feel calm, safe, and empowering. Every corner of our campus has been intentionally designed to support developmental needs—from quiet reading nooks and open-ended play zones to outdoor spaces for movement and discovery.

Our facility includes:

- Neutral-toned classrooms with natural light
- Outdoor gross motor spaces and indoor multi-purpose rooms
- Child-safe materials arranged for easy access and independence
- Secure access and daily health/safety procedures



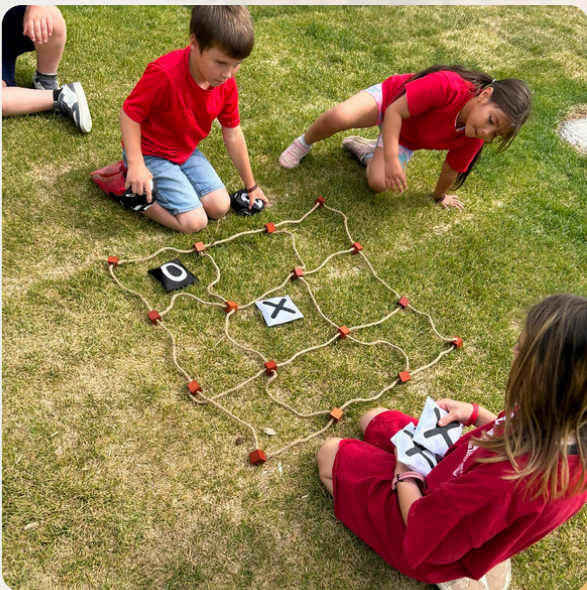
Learning & Development

Our approach blends the structure of intentional teaching with the creativity of play-based learning. We use the innovative “Learning Beyond Paper” curriculum, which emphasizes exploration, problem-solving, and real-world connections. To support every child’s unique learning journey, our team uses a color-coded system to help identify students who may benefit from additional academic support — and tailor help where it’s needed most.

Key areas of focus include:

- Early literacy and language development
- Foundational math and science exploration
- Social-emotional learning and conflict resolution
- Creative arts, storytelling, music, and movement
- Outdoor exploration and environmental awareness

We keep screen time minimal and use nature, conversation, and hands- on materials as our primary learning tools.





Programs & Enrichment

Infants

(6 weeks–
12 months)

Individualized care focused on connection, sensory exploration, and developmental support in a safe, nurturing space.

Toddlers

(1–2 years)

A program filled with movement, language-building, and social play, guided by consistent routines and engaging materials.

Twos

(2–3 years)

Children are introduced to problem-solving and self-expression through guided discovery and exploratory play.

Preschool

(3–4 years)

Our preschoolers engage with early literacy, math, science, and collaboration through projects, stories, and group play.

Pre- Kindergarten

(4–5 years)

This program balances school readiness with emotional intelligence. Children gain confidence in classroom routines, self-directed learning, and interpersonal skills.

Before/After- School Program

(5–12 years)

Academic support, STEAM-based projects, and physical activity in a structured yet relaxed environment.

Enrichment Opportunities Include:

- Outdoor Nature Explorer playground
- Monthly parent engagement events

Family Communication & Support

Strong relationships with families are key to our success. We maintain open, ongoing communication with parents through daily updates, progress check-ins, and shared goal setting.

We Offer:

- Real-time photos and updates via our parent communication app
- Access to teacher communication daily
- A welcoming atmosphere where parents are always invited to engage
- Regular family events and seasonal celebrations

Parent Testimonials

My kids have been [here] since 2019. In the past 1-2 years they have made so many great improvements with the facility and the curriculum! The teachers and front office have always listened to our concerns and have helped our kids with any adjustments or changes they've needed.

-A.O.

Both of my kids have attended this daycare throughout the summer, and I have nothing but good things to say. My kids are entertained by different activities and outings each day. All the staff are great towards my kids. I plan to bring them back for future summer camps.

-K.B.

My oldest has attended this center 5-6 years now, and my youngest for 3. Discovery has been absolutely awesome! You can tell the teachers and staff really care. They're always looking to improve, having added new curriculums and programs for the kids. I wouldn't have stuck with them for so long and enrolled a second kid if they weren't great!

-A.W



Health, Safety & Security

Your child's well-being is our top priority. Northstar maintains comprehensive safety practices and protocols to ensure our environment is clean, secure, and responsive to children's needs.

We offer:

- Secure entry with limited access to authorized individuals only
- Daily cleaning with child-safe, hospital-grade products
- Staff certified in CPR, first aid, and emergency procedures
- Ongoing health education for children, including hygiene and self-care

Meet Our Team

Our educators are experienced, passionate, and deeply committed to early childhood development. We provide consistent mentorship and hold twice-yearly professional development days to support continual growth in every role. At our Cedar City location—as in all our centers—we prioritize educator support and retention. By investing in our teachers, we help create nurturing, stable environments where children can thrive.



Why Choose Northstar

- **Whole-child approach to learning and care**
- **Calm, nature-inspired classrooms that reduce overstimulation**
- **Passionate leadership with a meaningful mission**
- **Thoughtfully developed curriculum with strong social-emotional focus**
- **A community that prioritizes children and supports families**

We're proud to offer a preschool experience that feels personal, grounded, and purpose-driven.



Schedule a Tour

We'd love to welcome you to Northstar Preschool at Cedar. Come visit our campus, meet our teachers, and see what makes our community so special.

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Cedar City, UT 84720

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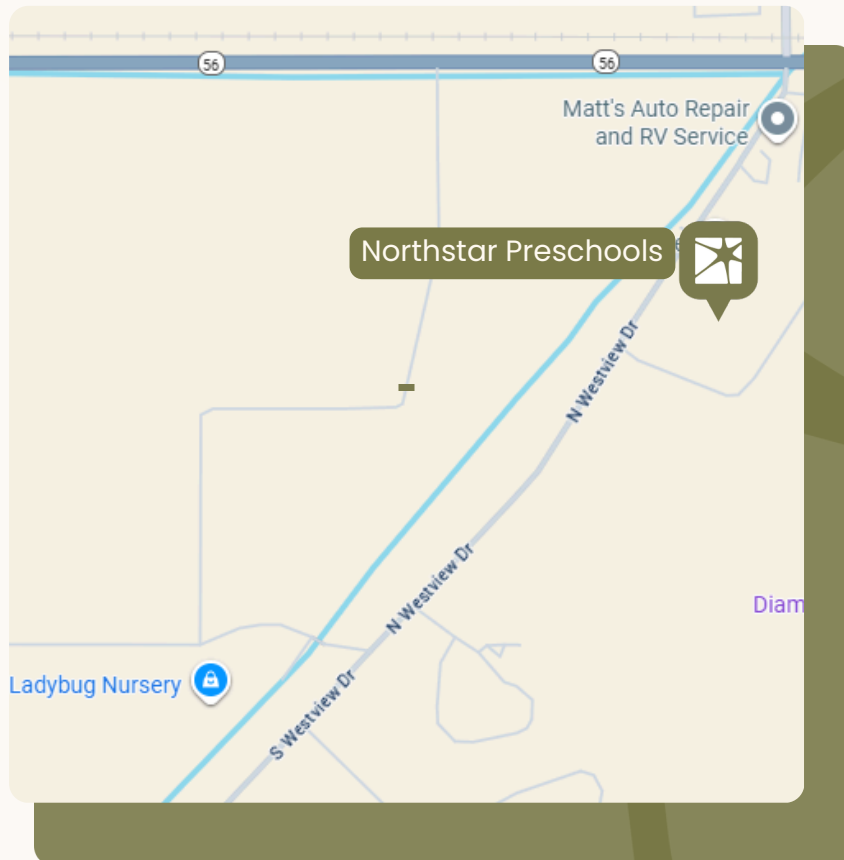
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LEARN, EXPLORE, THRIVE



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